

PARENT INFORMATION SHEET

WHAT SHOULD YOU SEE AT PRIMARY RUGBY LEAGUE?

All players given an opportunity to play all of the time.

Small-sided games.

Smaller pitches.

Modified Rules.

No Referees.

Focus on fun and enjoyment.

Tag Rugby at U6 & U7.

No keeping scores.

WHY WILL YOU SEE THIS?

Children touch the ball more often and become more skilful with it.

Children make more quality decisions through more involved playing time.

Children have more opportunities to attack and defend and get equal time on both.

Children being involved more benefits their self-esteem, motivation and social wellbeing.

WHAT CAN YOU DO TO PROVIDE A POSITIVE ENVIRONMENT FOR YOUR CHILD?

Encourage fair play.

Focus on encouragement and development not winning.

Respect officials, coaches and opponents.

Keep your emotions in check:

- Be enthusiastic but don't scream instructions from the side-line.
- Don't get into shouting matches with anyone.
- Never use bad language.
- Do not enter the field of play.

Uphold your clubs code of conduct.

Help kids enjoy sport.

Don't drink alcohol or smoke around the pitch.

WHAT SHOULD YOU SEE FROM THE COACH?

Child Centred Coaching – Coaching that is fully geared towards fulfilling the needs and wants of the child and not to the adults, the club or any other institution.

Importance of personal/team development over winning.

Rewarding effort rather than performance.

Fun activities that are pitched at the right level.

Creating success experiences for all through differentiation.

The coach should set boundaries for the players and stick to them.

No players stood waiting and both structured and unstructured activity.

Appropriate challenge.

Safe – No risk.

What can you do if you don't see this?
Email: enquiries@rfl.co.uk