

Girls Champion Schools Rules Quick Guide – Matches

The notes below are a quick guide to the girl's rules within the Champion Schools' competition. For the comprehensive rules breakdown please see the separate tournament rules document.

Game Times

National Rounds	Years 7 & 8	Years 9, 10 & 11
Festivals*	Announced prior to the event	Announced prior to the event
Semi-Finals & Finals	20 minutes each way	25 minutes each way

^{*60} minutes maximum playing time.

Ball Size

All years will use a size 4 ball.

Squad Size & Interchanges

All games are 11-a-side, with a maximum squad size of 16.

Unlimited interchanges are allowed throughout the competition including the finals.

Note - No player is allowed to play for more than one-year group on one day. Players can only play one year group up. There is no exception to this rule.

Festival Rules -

- Each half of the match commences with a kick off.
- If the ball bounces into touch from a kick off, the receiving team will still get possession (unless they made the ball dead). Play restarts with a PTB 10 in from where it found touch.
- Play will start with a tap re-start on half way by the conceding team after tries have been scored (no markers).
- No conversions will take place. A bonus box will be in play, with tries scored in the bonus box worth 6 points instead of 4.
- No line drop outs in festivals attacking team receive the ball on 20m line and play restarts with a PTB with one marker.
- The defence should be 10m back at every play the ball (PTB).
- One defensive marker is allowed at each PTB.
- Advantage will be played where possible.
- No scrums.
- No ball stealing.
- No 40/20s or 20/40s.

Game rules

- Each half of the match commences with a kick off.
- Conversions will be taken in line with where the try has been scored.
- The defence should be 10m back at every play the ball (PTB).
- One defensive marker is allowed at each PTB.
- Advantage will be played where possible.



- 3 person scrums will be used to restart play after an error, with the head and feed to the non-offending team.
- No ball stealing.
- No 40/20s or 20/40s.